

Menstrual Health & Hygiene Conclave 2026

DRIVING EQUITY THROUGH ACTION

AN INITIATIVE OF
PROJECT PERIOD



DATE

26th-28th May 2026



VENUE

To be updated soon



WEBSITE

<https://rep.iitbbs.ac.in/mhh-conclave-2026/>



COLLABORATORS



IIT BHUBANESWAR
RESEARCH AND ENTREPRENEURSHIP
PARK



AIIMS
BHUBANESWAR

POWERED BY



Join the Conversation. Be Part of the Change.

What is the **Conclave About?**

Building Awareness, Innovation & Action for Menstrual Equity

The Menstrual Health & Hygiene (MHH) Conclave 2026 is a multi-stakeholder initiative organized to foster meaningful dialogue and collective action around menstrual health, hygiene, awareness, accessibility, and innovation.

The conclave brings together researchers, healthcare professionals, policymakers, social organizations, startups, innovators, educators, and youth leaders to discuss evidence-based approaches and scalable solutions that can improve menstrual health outcomes across communities.

The event will feature keynote sessions, research presentations, panel discussions, innovation showcases, exhibitions, startup interactions, and collaborative conversations addressing critical challenges including:

- **Menstrual stigma and taboos**
- **Access to affordable menstrual products**
- **Hygiene education and awareness**
- **Sustainable menstrual solutions**
- **Policy and implementation gaps**
- **Gender-inclusive health systems**

With a strong emphasis on collaboration and innovation, the conclave aims to create actionable pathways toward equitable menstrual health and hygiene practices for all.



What We Will Discuss?

Key Themes & Areas of Dialogue



Menstrual Health Education

Promoting awareness and accurate menstrual health education in schools, workplaces, colleges, and communities.



Environmental Sustainability

Discussing eco-friendly menstrual alternatives and sustainable waste management practices.



Access to Menstrual Products

Exploring affordable, accessible, safe, and sustainable menstrual hygiene products for all.



Mental & Emotional Well-being

Understanding the psychological and emotional aspects associated with menstruation and menstrual stigma.



Breaking the Stigma

Addressing cultural taboos, myths, and social barriers surrounding menstruation.



Innovation & Technology

Highlighting innovative solutions, startups, research initiatives, and technology-driven interventions in menstrual health.



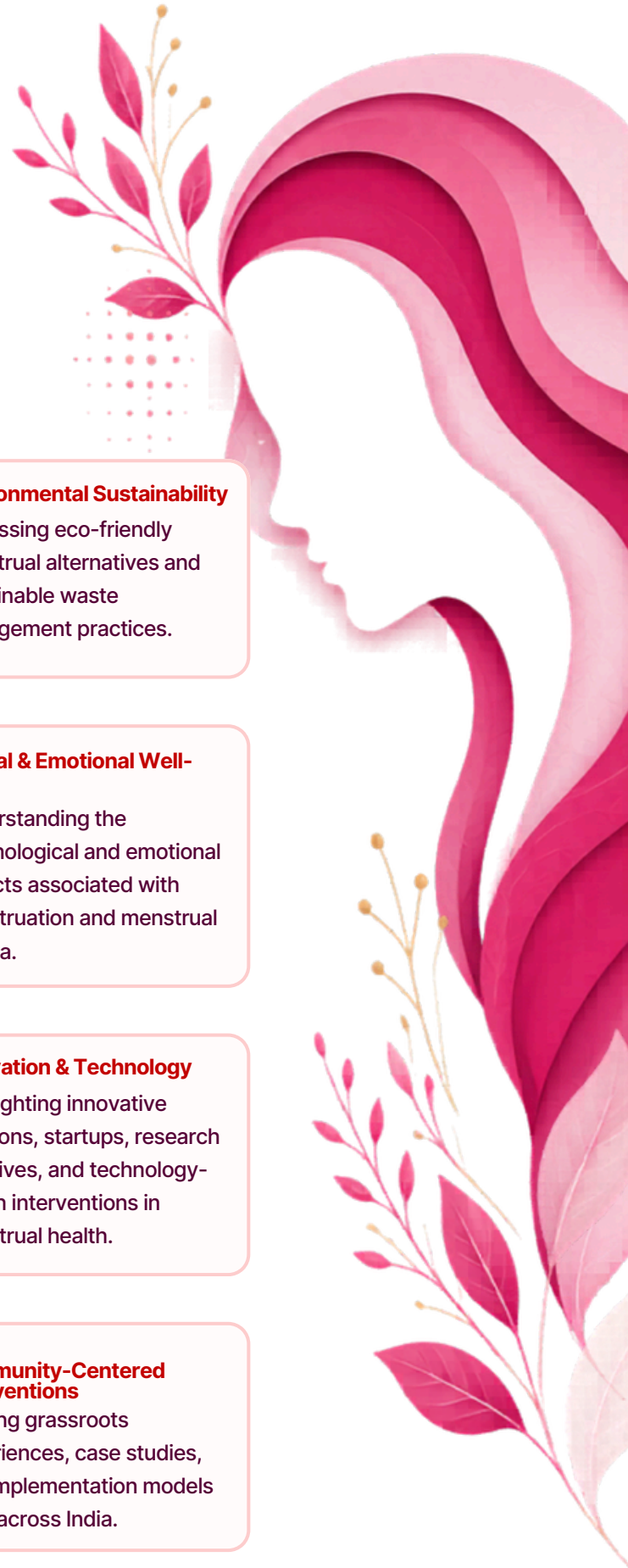
Policy & Advocacy

Encouraging policy reforms and institutional frameworks that support menstrual health and dignity.



Community-Centered Interventions

Sharing grassroots experiences, case studies, and implementation models from across India.



Conclave Highlights

A Day of Dialogue,
Innovation & Collaboration

- Inaugural session with Program partners and key stakeholders in MHH domain
- Keynote Addresses by Experts in Menstrual Health & Public Policy
- Research & Evidence-Based Presentations
- Multi-Stakeholder Panel Discussions
- Startup & Innovation Showcase
- Youth-Led Creative Awareness Performances
- Announcement of Menstrual Health & Innovation Hackathon 2026
- Exhibition & Poster Presentation Sessions
- Networking Opportunities with Experts, NGOs, Policy-makers & Innovators
- Convergence Discussions on Partnerships & Scalable Solutions
- Closing Ceremony with Collective Commitment to Action



Special Focus Areas



Period
Poverty



Menstrual
Equity



Inclusive WASH
Infrastructure



Adolescent
Health



Sustainable
Menstrual Products



Community Awareness
& Capacity Building



COLLABORATORS



Odisha Menstrual Health & Hygiene Alliance (OMHHA)

A collaborative alliance working to improve menstrual awareness, access to hygiene products, policy advocacy, and WASH infrastructure across Odisha.



IIT Bhubaneswar Research & Entrepreneurship Park (IITBBS REP)

A dynamic innovation ecosystem nurturing entrepreneurship, research, and impact-driven initiatives across technology, healthcare, sustainability, and social innovation.



UNICEF

Supporting menstrual health and hygiene initiatives through research, advocacy, capacity building, and community-centered interventions focused on dignity and adolescent well-being.



Ayurarogya Saukhyan Foundation

Promoting sustainable and reusable menstrual health products while driving awareness around safe menstrual practices and environmental sustainability.



ActionLab 2050 Foundation

A purpose-driven organization advocating for gender equity, menstrual dignity, and inclusive community development initiatives.



AIIMS Bhubaneswar

Contributing healthcare expertise, medical research, and public health insights toward strengthening menstrual health systems and awareness.



Who Should Attend?

Bringing Together Stakeholders
Across Sectors



The MHH Conclave 2026 is designed for:



Policymakers &
Government Officials



Healthcare Professionals
& Public Health Experts



Doctors,
Gynecologists &
Medical Researchers



NGOs &
Development
Organizations



Researchers &
Academicians



Students &
Youth Leaders



Startups &
Innovators



CSR & Corporate
Representatives



Educators &
Community Workers



Media & Advocacy
Organizations



The conclave offers a collaborative platform for individuals and institutions working toward menstrual dignity, health equity, innovation, and sustainable social impact.



Core Committee



Ms. Sneha Mishra
Secretary, AAINA



Ms. Shipra Saxena
WASH specialist, UNICEF Odisha



Ms. Anwesa Dutta
National UNV-WASH-CCES,
UNICEF Odisha



Ms. Jennifer Selvaraj
National Consultant for MHM,
UNICEF India



Mr. Bikash Kumar Pati
Technical Specialist, Water,
UNICEF Odisha



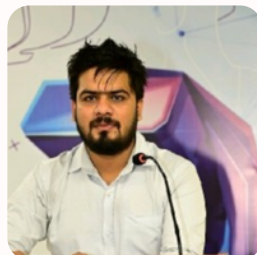
Dr. Seema Bahinipati
Independent Director, IITBBS REP
Assoc. Prof., SBS, IITBBS



Dr. Soobhankar Pati
CEO & Independent Director, IITBBS REP
Assoc. Prof., SMMME, IITBBS



Ms. Shabina Khatoun
Programs & Operations Head
IIT BBS REP



Mr. Sakti Swarup Pati
Incubation & Partnership Head
IIT BBS REP



Ms. Dharitri Satapathy
Asst. Public Relation Officer, IITBBS



Mr. Srustijeet Mishra
Founder AL2050, CEO CLPS Global



Ms. Srujane Mishra
Co-Founder, AL2050



Mr. Tapas Mohapatra
Chief Corporate Liaison Manager, AL2050



Mr. Aaquib Hussain
Founding Partner, Freeflow Venture Builders



Ms. Anju Bist
Managing Director, Saukhyam



Prof. Praveen Bist
Chairperson, Board of Advisors



Dr. Swayam Pragyan Parida
Additional Professor, CMFM,
AIIMS Bhubaneswar



Dr. Prajna Paramita Giri
Addl. Prof., CMFM
AIIMS Bhubaneswar



Dr. Priyamadhaba Behera
Assoc. Prof., CMFM
AIIMS Bhubaneswar



Dr. Manish Taywade
Addl. Prof., CMFM
AIIMS Bhubaneswar



Ms. Purabee Purnasha Mishra
COO, EP, STPI, Bhubaneswar





Book Your Seat Now

26th May 2026
 Happyness for HER: HEAL Launch & CARE Awards

27th May 2026
 Creative Voice for Menstrual Rights & Dignity

28th May 2026
 MHH Conclave 2026

Conclave on Menstrual Health & Hygiene on 28th May 2026
 An Initiative of Project PERIOD
Call for Abstracts
 (Oral/Poster Presentations)

Benefits

- ▶ Diver Recognition
- ▶ Journal Publication
- ▶ Expert Networking
- ▶ Research Showcase

Themes

- ▶ Menstrual health and hygiene management
- ▶ Adolescent and women's reproductive health
- ▶ Clinical, public health, and community-based interventions
- ▶ Policy, advocacy, and implementation research
- ▶ Innovations and sustainable solutions in menstrual health

Scan QR Code to Register Now

Conclave on Menstrual Health & Hygiene on 28th May 2026
 An Initiative of Project PERIOD
Call for Reels/Videos

Showcase Your CREATIVITY & TALENT

Scan QR Code to Register Now

Conclave on Menstrual Health & Hygiene on 28th May 2026
 An Initiative of Project PERIOD
Call for Exhibitors

Showcase Your PRODUCTS & INNOVATIONS

Scan QR Code to Register Now

Happyness for HER!

Nexus Select Malls ESPLANADE Saukhyam Foundation

CARE Awards

You made the switch. Did you inspire others too?

TWO CATEGORIES

- CARE Ambassadors (Students)**
 - Switched to reusable menstrual products
 - Started conversations (even awkward ones)
 - Helped peers rethink their period choices
 - Took steps to create change on campus
- CARE Mentors (Faculty & Staff)**
 - Guided and supported student-led initiatives
 - Enabled conversations around menstrual health and optimum period product choices
 - Helped drive the movement on campus

WHY APPLY?

- Get recognized for your impact
- Play a bigger role in the CARE movement

VENUE: Nexus Esplanade Mall
DATE: May 26
TIME: 5 PM

Think this is you? Don't wait. **APPLY NOW!**

CO-ORGANIZED BY

Happyness for HER!

Nexus Select Malls ESPLANADE Saukhyam Foundation

Periods aren't meant to feel this hard.

If they do... could it be due to what we're using every month?

Let's hear what **doctors & researchers** have to say.

HEAL
 HEALTH ENVIRONMENT AND ACTIVE LIVING

LAUNCH OF

VENUE: Nexus Esplanade Mall
DATE: May 26
TIME: 4 PM

WHO SHOULD ATTEND?

- Menstruators with period problems who would like to heal
- Researchers, community workers, social workers, teachers and anyone interested
- Everyone who wants healthier periods & a better planet

WHAT TO EXPECT?

- Real conversations. No taboos.
- Science-backed insights.
- Together, for better health & a better future.

To know more about the initiative : <https://rep.iitbbs.ac.in/mhh-conclave-2026/>